The One Ring
Wilderland
Grey Mountains
Mountains of Angmar
Mount Gundabad
Vales of Gundabad
Mount Gram
Etten Moors
Withered Heath
Grey Mountains Narrows
Elves of Mirkwood
Woodland Realm
Forest River
Northern Mirkwood
Elven King's Halls
Northern Battlevale
Dwarves of the Lonely Mountain
Erebor
Dale
Long Lake
Esgaroth
Long Marshes
The Waste
Bardings
Iron Hills
Upper Marches
Lower Marches
Ruming River
Celduin (Running River)
Elf Path
Old Forest Road
Mountains of Mirkwood
Heart of Mirkwood
Western Mirkwood
Southern Mirkwood
Dol Guldur
East Bight
The Narrows of the Forest
Great River of Wilderland
Rhosgobel
Beorn's House
Beorn's Stronghold
Beorn's Gate
Beorings
Woodmen
Woodland Hall
Woodmen Town
Western Caves
East Arduin Valley
West Arduin Valley
Launaid Hall
Gladden Fields
River Gladden
Mountain Pass
Goblin Gate
Eagles' Eyrie
West Middle Vales
East Middle Vales
West Upper Vales
East Upper Vales
Vales of Gundabad
Coldfells
Troll-shaws
Rivendell
High Pass
Old Ford
River Bourne
River Loudwater
to The Shire
Redhorn Pass
Dorin
Dimrill Dale
Lorien
West Nether Vales
East Nether Vales
Free Lands
Border Lands
Wild Lands
Shadow Lands
Dark Lands
Easy
Moderate
Hard
Severe
Daunting
Impassable
Miles
0
50
100
150
N
to Dorwinion